



“I’m living proof that
mammograms save lives!”

— Karen Cox —

As the Health and Safety Coordinator for Phillips Lighting in Sparta, Karen Cox works closely with White County Community Hospital. The hospital has been providing free annual mammograms for all age-eligible female employees and spouses of male employees at Phillips Lighting for the past four years. But little did Karen know that it would be her own life that was possibly saved by the life-saving power of an annual mammogram.

It began in August 2009 with a routine mammogram at White County Community Hospital, which revealed breast cancer that would require a double mastectomy. “Because of the early detection,” says Karen, “I did not have to undergo chemotherapy or radiation treatments. I’m very thankful for that.”

Today, Karen is prouder than ever of the mammography service being provided to her co-workers at Phillips Lighting. “We screened more than 60 women last year, and had several early detections of breast cancer,” says Karen. “It’s just very satisfying to know that White County Community Hospital is helping us save lives, especially when it’s your own.”

